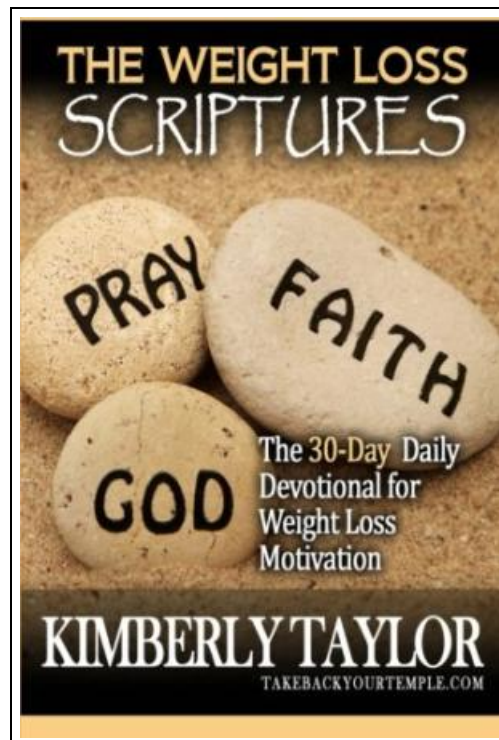


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THE WEIGHT LOSS SCRIPTURES: THE 30-DAY DAILY DEVOTIONAL FOR WEIGHT LOSS MOTIVATION (PAPERBACK)

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Wellspring Omnimedia, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Have you ever started a weight loss program with great enthusiasm - only to lose focus and regain the weight you lost? Not any more. With **The Weight Loss Scriptures: The 30-Day Daily Devotional for Weight Loss Motivation**, you will receive encouragement, support, and strength to help you reach your ideal weight - and maintain it for life. Each daily devotional gives you the mindset needed to become a weight loss success story. Best of all, you receive encouragement from someone who has been there. Kimberly Taylor was once 240 pounds and a size 22. But through biblical wisdom, she was able to renew her mind, lose 85 pounds and drop from a size 22 to a size 8. Through **The Weight Loss Scriptures**, you will discover how to turn each weight loss stumbling block into a building block to reach your ultimate goal. You will learn that every experience is valuable if you use what you learn to start again - more intelligently each time. Some benefits you will gain from the scriptures include: * Increased self esteem * Confidence that you can succeed * Strategies to stay motivated when you find yourself losing focus * Enhanced energy to do all the things you need to do * Renewed appreciation for the body God gave you And much more! You can use these healing scriptures and simple, easy-to-read messages in conjunction with any healthy-eating program, or on its own. Starting today, become empowered to renew your mind and change your health for the better. Get ready to be transformed by the secrets of **The Weight Loss Scriptures**.



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