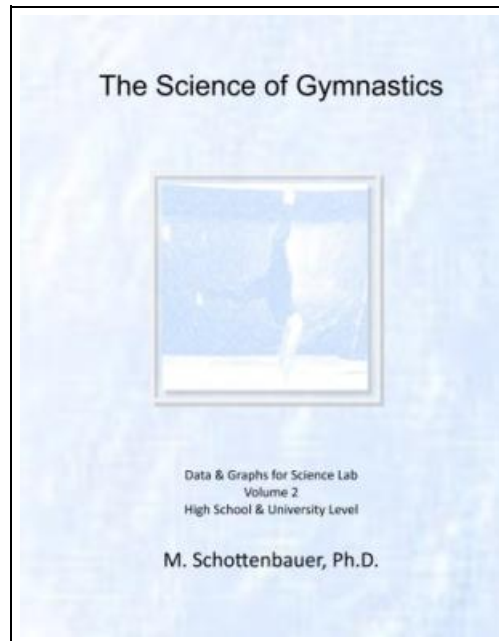


The Science of Gymnastics Volume 2 Data Graphs for Science Lab



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Reviews

An extremely wonderful book with perfect and lucid explanations. This really is for those who statte that there had not been a worth reading. Your way of life span will be convert when you comprehensive reading this book.
(Effie Douglas)

THE SCIENCE OF GYMNASTICS VOLUME 2 DATA GRAPHS FOR SCIENCE LAB



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 62 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. Learn about the Biophysics of Gymnastics! Joint Angles and Range of Motion, Electrical Signals of the Heart and Muscles, Breathing Patterns and Lung Capacity, Blood Pressure and Heart Rate! In this book, readers gain access to real scientific data pertaining to gymnastics, promoting graph-reading, comparison, contrast, and calculation skills. Graphs show data from the following scientific instruments: Goniometer EKG EMG Sensor Spirometer Blood Pressure and Heart Rate Sensor This book allows readers to analyze real data without purchasing expensive lab equipment. Graphs contain data on the biophysics of gymnastics, including joint anglespositions, electrical activity of the heart (EKG) and muscles (EMG), breathing rate, lung volume, blood pressure, and pulse. Graphs show data from a selection of basic gymnastics moves from floor, parallel bars, rings, and pommel horse, using training-style equipment (small and large parallettes and a pommel trainer). These biophysics data are samples from one individual and are not representative of the population. These data can be used for lesson plans by teachers and parents. This item ships from La Vergne, TN. Paperback.



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