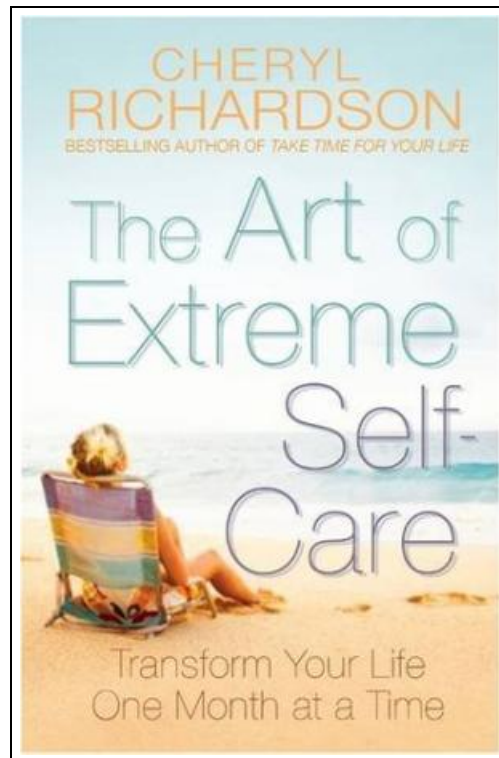


## The Art of Extreme Self Care: Transform Your Life One Month at a Time



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