



## Better Than Cheese

By Cam a Vuksinich

Amazing Mouse Books, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Better Than Cheese is a little book about a BIG idea. At first glance, it looks like a children s book but guess what, it s not just for kids. This simple book unlocks the secret hidden in each heart. We were born to love and giving is love in action. Giving has the power to change lives forever. The timeless, universal message in this simple book is supported by decades of scientific research; giving is good for you. Toddlers, under the age of two, exhibit greater happiness when giving treats to others. Giving in high school predicts good physical and mental health into adulthood, a span of over 50 years. Giving reduces stress, increases happiness, longevity and protects the giver in all stages of life. According to Dr Stephen Post, author of Why Good Things Happen to Good People, Giving is the most potent force on the planet. Giving is the one kind of love you can count on, because you can always choose it; it s always within your power to give. Invite your...

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