



Hacia La Felicidad: Donde Uno Quiera Buscarla (Paperback)

By Esther Llull

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: Spanish . Brand New Book ***** Print on Demand *****.El secreto de la felicidad es la capacidad de empatizar con los demas y saber ponerse a uno en su sitio. Alguien me dijo una vez: A mi no me parece que tu vida sea triste, me parece que tienes una vida muy plena y ademas una cultura tremenda. Y eso me alegro el dia. Hay quien desde la ciencia piensa que este campo de estudio es lo mas grande a que llega el ser humano, pero precisamente lo mas grande es entender lo mas pequeno, desde una neurona a un sentimiento o una creacion humana o natural. La felicidad esta donde uno quiera buscarla, lo que esta claro es que ese patron de felicidad adictiva no funciona, no esta haciendo felices a las personas, nos lo estan diciendo las grandes cifras de enfermedades mentales. Se puede cambiar la palabra felicidad por la palabra economia adictiva. A lo largo de este libro procuramos estudiar algunas de las corrientes filosoficas de la literatura sobre la felicidad pero tambien procuramos dar reglas concretas y actuales. Pasando por el pensamiento griego, mencionando muy seriamente al...

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