



Counselling for Toads: A Psychological Adventure

By Robert De Board

Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, Counselling for Toads: A Psychological Adventure, Robert De Board, 'Toad', the famous character in Kenneth Grahame's The Wind in the Willows is in a very depressed state and his good friends Rat, Mole and Badger, are 'worried that he might do something silly'. First they nursed him. Then they encouraged him. Then they told him to pull himself together. Finally, Badger could stand it no longer. That admirable animal, though long on exhortation, was short on patience. 'Now look here Toad, this can go on no longer', he said sternly. 'There is only one thing left. You must have counselling!' Robert de Board's engaging account of Toad's experience of counselling will capture the imagination of the growing readership of people who are interested in counselling and the counselling process. Written as a real continuation of life on the River Bank, Toad and his friends come to life all over again. Heron, the counsellor, uses the language and ideas of transactional analysis as his counselling method. Through the dialogues which make up the ten sessions, or chapters of the book, Toad learns how to analyse his own feelings and develop his emotional intelligence....



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