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Depressive Illness: The Curse of the Strong: Helping Christians Cope with Mental Health Problems (Paperback)

By Tim Cantopher

SPCK Publishing, United Kingdom, 2018. Paperback. Condition: New. Language: English . Brand New Book. The last 10 years have seen an upturn in the number of people reporting difficulties with emotional and mental health issues, particularly anxiety and depression. And, it is often the strongest who struggle under the weight of all they have nobly tried to shoulder. Turn to the Bible, and this truth is played out in the lives of some of its greatest characters. King David led a nation - yet wrote some of the Bible's bleakest laments. Elijah worked outlandish public miracles - and later pleaded God to take his life. Dedicated, hardworking mother and woman of God Naomi acknowledged that she had become characterised by bitterness. And lifelong God follower Job found himself longing for a death that would not come. This book affirms that depressive illness can strike anyone - not least the capable, busy people with the 'can-do' attitude of the title. This special bespoke edition for the Christian market takes a destigmatising, thoroughly informed approach to depression, with a foreword by Will Van Der Hart, whose own experience of ill mental health led to him founding Mind Soul, the leading Christian...



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Reviews

It is one of the best books. Yes, it can be performed, nevertheless an amazing and interesting literature. You may like the way the author publishes this ebook.
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It is one of the most popular publications. We have read through it and I am sure that I will likely study it again once more later on. I am just delighted to tell you that this is actually the finest publication we have read through in my individual existence and might be the best PDF for actually.
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