



The Heart of Caregiving: A Guide to Joyful Caring

By Sonia S. Morrison

AUTHORHOUSE, United States, 2012. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. I summarize my twenty year journey through health care and education, in search of balance and focus, while maintaining my unconditional love and passion to make things right for loved ones. Journey through the world of caring, healthcare and education Balance unconditional self love and focus on caregiving. Learn How to Harness Your Unlimited Passion and Focus of Self Balance while Providing Healthy Caring Balance reality and self care, while caring for others. Discover unique insight to our connections with self and others. Focus your ability to problem solve creatively. Learn optimum caregiving tips. Caregiver Family Members Learn How to Maintain Self Balance and Focus, with optimum caregiving. I have had the honor of working with Sonia during my tenure as the Health Promotion Childbirth Education Coordinator and now the Level II Dept. Secretary at Salinas Valley Memorial Hospital. She is the utmost professional, very compassionate and respectful of all patients and their families as well as her coworkers. My husband and I had the blessing of her assistance during my mother-in-law s illness and passing - we could not have survived...

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