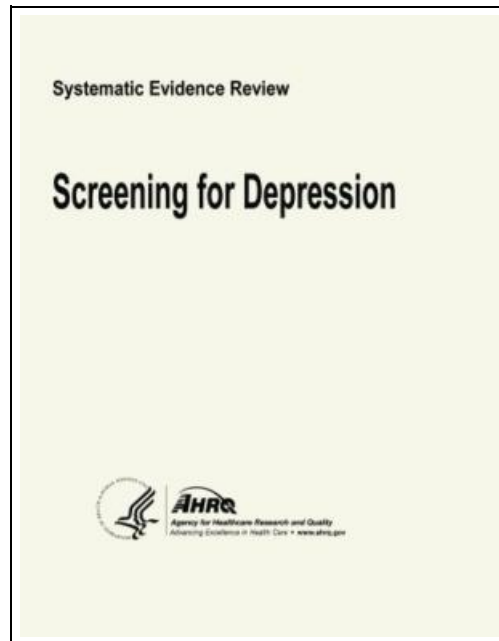


## Screening for Depression: Systematic Evidence Review



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## SCREENING FOR DEPRESSION: SYSTEMATIC EVIDENCE REVIEW



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 218 pages. Dimensions: 11.0in. x 8.5in. x 0.5in. Depressive disorders are common, chronic, and costly. Lifetime prevalence levels from community-based surveys range from 4.9 to 17.1. In primary care settings, the prevalence of major depression is 6 to 8. Longitudinal studies suggest that about 80 of individuals experiencing a major depressive episode will have at least 1 more episode during their lifetime, with the rate of recurrence even higher if minor or sub-threshold episodes are included. Approximately 12 of patients who experience depression will have a chronic, unremitting course. The substantial public health and economic significance of this chronic illness is reflected by the considerable utilization of health care visits and tremendous monetary costs: 43 billion (1990 dollars) annually, with 17 billion of that resulting from lost work days. The burden of suffering from depression is substantial. Suicide, the most severe of depressive sequelae, has a rate of approximately 3.5 among all cases with major depression, a risk that increases to approximately 15 in people who have required psychiatric hospitalization. The specific risk for suicide associated with depressive disorders is elevated 12- to 20-fold compared to the general population. The World Health Organization (WHO) identified major depression as the fourth leading cause of worldwide disease burden in 1990, causing more disability than either ischemic heart disease or cerebrovascular disease. Its associated morbidity is expected to increase; unipolar depressive illness is projected to be the second leading cause of disability worldwide in 2020. Furthermore, depression appears to contribute to increased morbidity and mortality from other medical disorders, such as cardiovascular disease. Both the chronicity and recurrence of depressive illness play a large role in depression's heavy disease burden. The more severe a depression becomes and the...



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