



Ncd Beef Stroganoff: 40 Carbs 30 Fat 30 Protein and 500 Calories (Paperback)

By Number Crunch Diet Publications

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. CarbFat carbfat If you see this word being used by anyone else, they took it from Jumper Publications and the Number Crunch Diet. If you go to YouTube, you will see that one person makes a discovery or comes up with an insight, and then a hundred other people steal it and say the same thing on their channel, acting like they are so smart. Nikola Tesla is another example. He created and invented more advanced technology than any other person in the world, yet many people have never heard of him. Jumper Publications and the Number Crunch Diet - light years beyond the diet and exercise advice This isn t bragging, it s simply a fact. Check it out for yourself. On page 65 of 12 Changes A Year, Vol. 1, I explain how this word carbfat can eliminate your desire for desserts. Final Note I am also the first author on to use RED in the description section of a book (paperback edition). I dare you to find a book on Amazon, out of the millions, that uses red for...



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