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## Moon Gardening: Ancient and Natural Ways to Grow Healthier, Tastier Food (Hardback)

By John Harris, Jim Rickards

John Blake Publishing Ltd, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. This is not your average gardening book. In it you will discover how to increase your crop yield and grow healthier, better tasting food, whilst reducing work in your garden and forking out less on your fertiliser. This seemingly impossible win-win is achieved by planting and reaping in tune with the phases of the moon. Lunar gardening has been around for as long as man has pulled food from the soil. It was practised by the Incas and the Native Americans, and is still followed by the Maoris and rural communities in Eastern Europe. Because it works. But with the mass adoption of fertilisers achieving quicker results for a need-it-now-generation, these techniques have been all but forgotten by the modern gardener. Until now. Head gardener at Cornwall's famous Tresillian Estate, John Harris has researched, studied and put in to practise the principles of gardening by the phases of the moon for more than forty years. The results he's achieved are nothing short of astonishing. He has never watered his garden (even during the drought of 1976), he only grows organically and yet...

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