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From the Couch to the Circle: Group-Analytic Psychotherapy in Practice (Paperback)

By John Schlapobersky

Taylor Francis Ltd, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. Recipient of the 2017 Anne Alonso Award for Excellence in Psychodynamic Group Therapy, conferred by the Group Foundation for Advancing Mental Health, part of the American Group Psychotherapy Association. From the Couch to the Circle: Group-Analytic Psychotherapy in Practice is a handbook of group therapy and a guide to the group-analytic model - the prevailing form of group therapy in Europe. The book draws on both John Schlapobersky s engagement as a practitioner and the words and experience of people in groups as they face psychotherapy s key challenges - understanding and change. This book provides a manual of practice for therapists use that includes detailed descriptions of groups at work; accounts of therapists own experience and the issues they face in themselves and in their groups. The book is devoted to the Group-Analytic model but the other principally psychodynamic models of group therapy - the Tavistock, Interpersonal, Psychodynamic, Modern Analytic and Structural/Systemic models - are brought into a comparative discussion and drawn upon to create an integrated and coherent approach. The book is divided into three sections: Foundations - aimed at practitioners using groups...

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