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Boob Food: Real Food, Real People (Paperback)

By Michael Harpster

Outskirts Press, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Award-winning chef and restaurateur, Michael Harpster welcomes you to his family's kitchen with recipes based on wholesome ingredients, seasonal produce, locally-sourced fish, hearty meats, fresh pastas and plenty of TLC! In Boob Food, Michael introduces us to his wife's and son's favorite recipes and tells us how love, prayers and good food helped his young son bounce back from a rare blood cancer (a portion of the book's proceeds will be donated to the American Cancer Society). Along with his own delectable dishes, praised by National Geographic as best of the best, Michael shares the secret seasonings and home-grown techniques Momma Lena and his aunts brought with them from their roots in Gubbio, Italy. These savory dishes, simply prepared with lots of love, tempt even the shyest cooks back to the kitchen: seafood omelet, turkey sausage, grilled flat bread, basil pesto, chicken and spring mix salad drizzled with light creamy Italian dressing, Anna's suga rosa florentine with fresh pasta, salmon with creamy caper sauce, Zach's chili, jerk filet, rack of lamb and more. For dessert, the melt-in-your-mouth...



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