



Enlightened Expressions Adult Coloring Book, Volume 3: Irish Proverbs (Paperback)

By Teresa Nichole Thomas

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Reduce your stress and increase your vibrational frequency with Enlightened Expressions from Color Me Peaceful, an adult coloring book series designed by Teresa Nichole Thomas. Irish Proverbs is the third book in this uplifting and inspirational series. Each of the twenty-five designs in this single-sided book is a different image paired with one Irish Proverb. The designs measure about 7 wide, and they range from basic to slightly complex. The book also contains five blank pages you can remove to place behind your designs to protect the pages that follow from bleed through. Please note, though, that the pages in this book are NOT perforated. Remember what it was like to color when you were a child? Remember how you would pull out your crayons and coloring books and color for hours? Remember how calm you felt when you were immersed in your coloring book? Coloring has been proven to be meditative and calming. So, grab your colored pencils. Put on some relaxing music. Focus. Create. And let that stress fade away as you immerse yourself in Enlightened Expressions,...

DOWNLOAD



READ ONLINE
[3.21 MB]

Reviews

Completely essential go through pdf. It really is simplistic but excitement within the fifty percent in the ebook. Your lifestyle period will be change when you full reading this pdf.

-- **Shaun Bernier II**

The book is not difficult in read through better to recognize. It really is written in straightforward terms instead of confusing. I am happy to inform you that this is actually the finest publication i actually have read in my individual daily life and may be he best book for possibly.

-- **Valerie Heaney**