



Appetites: Why Women Want

By Caroline Knapp

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In Appetites, Caroline Knapp confronts Freud's famous question, What do women want? and boldly reframes it, asking instead: How does a woman know, and then honor, what it is she wants in a culture bent on shaping, defining, and controlling her desires? Knapp, bestselling author of *Drinking: A Love Story* and *Pack of Two: The Intricate Bond Between People and Dogs*, has turned her brilliant eye towards how a woman's appetite—for food, love, work, and pleasure—has become a battlefield. She uses her own experiences with anorexia as a powerful exploration of what can happen when we are divorced from our most basic hungers and offers her own success as testament to the joy of saying I want. Provocative, important, and deeply familiar, *Appetites* beautifully and urgently challenges all women to learn what it is to feed both the body and the soul.



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