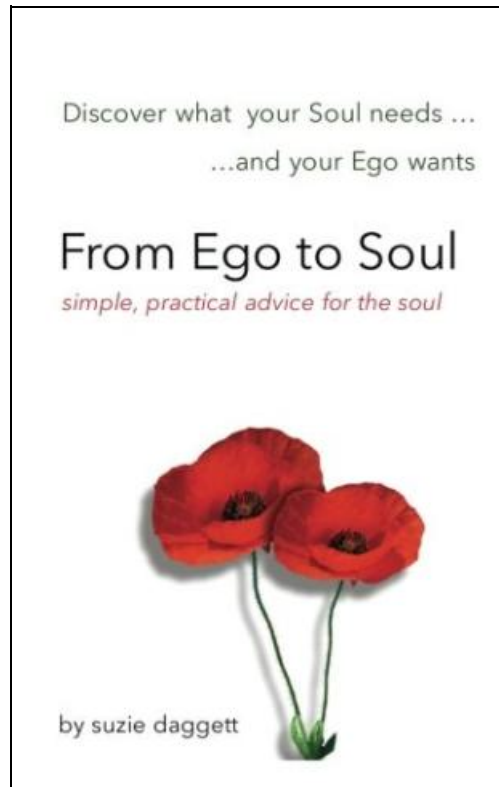


From Ego to Soul: Discover What Your Soul Needs.and Your Ego Wants.



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Reviews

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(Era Thompson)

FROM EGO TO SOUL: DISCOVER WHAT YOUR SOUL NEEDS.AND YOUR EGO WANTS.



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Does your ego or soul drive your life? From Ego to Soul is an engaging, easy to understand conversation about how you can enrich your life and reward your spirit by understanding the wants of your ego mind and the deeper needs of your soul. This book will help you learn simple yet effective ways to recognize when reactive habitual habits change to proactive aware moments. You may have heard the expression that we are spiritual beings having a human experience. We are here to learn specific soul lessons in this life, through our ups and downs, our happy contented moments, our challenges and even our suffering. The job of the soul is to offer us endless possibilities to grow, learn and appreciate the opportunities presented by great mystery of life I call Source (please substitute your chosen word for this entity which is beyond our understanding). Living from a soul s point of view may be what matters most in our lives, yet this notion is often overlooked while the mind and ego play large in our reality. From Ego to Soul can help you develop a broader understanding of why the soul is so important to your wellness, how to hear the soft whispers of your soul and how to live with new directions of ease, inner peace and awareness.



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