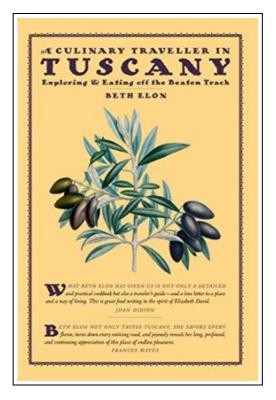
# A Culinary Traveller in Tuscany: Exploring and Eating Off the Beaten Track (Paperback)



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NEW YORK REVIEW OF BOOKS, United Kingdom, 2009. Paperback. Condition: New. Language: English. Brand New Book. Each of the ten itineraries in this cookbook/guidebook takes readers through parts of Tuscany that still remain largely undiscovered and into the kitchens of more than fifty superb but little-known restaurants specializing in regional cuisine-those that are for the most part overlooked by tourists and known only to the locals. Each regional section begins with illuminating and absorbing explanations of what makes Tuscan cooking so unique: location, location, location. You Il read about a bean so beloved by a village that it s been elevated to cult status-but unknown a few kilometers down the road; an aboriginal baby lamb that is almost unknown outside of the Zeri valley; the endless array of vegetable tarts found nowhere in Tuscany but Lunigiana and Garfagnana. With this guide in hand, you Il not only know where to dine but what to order when you get there. In addition to 100 recipes, also included are nearby points of interest, descriptions and contact information for restaurants, trattorie, gourmet shops, wineries, olive oil producers, local markets, and regional food festivals, and how to find the monasteries, workshops, and artisans studios that offer local items ranging from herbal beauty products to traditional ceramics and handwoven linens.



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