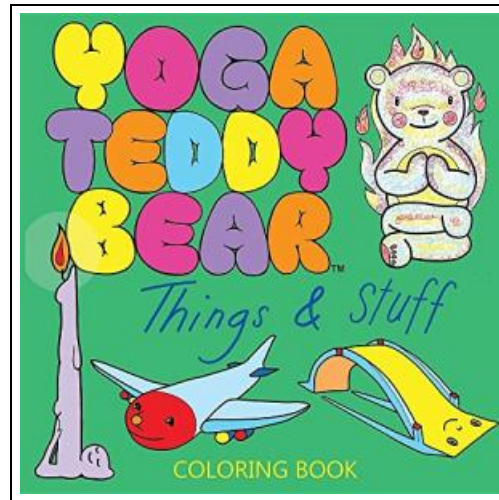


Yoga Teddy Bear Things Stuff: Coloring Book (Paperback)



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Reviews

This is an awesome publication i have at any time read. Of course, it is play, still an interesting and amazing literature. You will like just how the author write this book.

(Prof. Herta Mann)

YOGA TEDDY BEAR THINGS STUFF: COLORING BOOK (PAPERBACK)

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NY Studio Gallery LLC, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The third in the rainbow series of coloring books by Yoga Teddy Bear, Yoga Teddy Bear Things Stuff features our hero with a wide variety of objects for that help make yoga accessible and fun for kids and grown ups alike. This book features a variety of poses ranging from Tree Pose to Bridge Pose. Each pose depicts the bear with an object in a creative setting that s fun to color. Clear pose descriptions are accompanied by Sanskrit translation and lettering and a difficulty key code. The back of this book reads: Hello! I m Yoga Teddy Bear. I love to move. I love to stretch. I love to breathe deeply in and out. You will notice that I also love to smile! It is so exciting to explore the world. There are things all around us that teach us new ways to play. From nature to every day objects, you ll find yoga poses everywhere. Did you know that yoga poses are called Asanas in the ancient Sanskrit language? Come along and try some new Asanas with me. Have fun while you practice and use your creativity to color the pictures. Yoga Teddy Bear Things Stuff Coloring Book (green) Poses included: Fire Log Pose, Ocean Breathing, Mountain/Hill Pose, Chair/Fierce Pose, Standing Forward Fold, Table Top/Half Standing Forward Fold, Plank, Triangle, Tree, Airplane, Plow, Candlestick/Shoulder Stand, Bridge, Wheel/Upward Bow, Windshield Wiper Legs/Revolved Belly Posture.

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