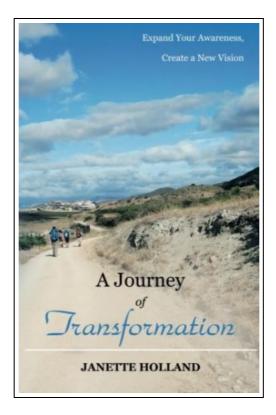
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Reviews

I actually started out looking at this publication. it was actually writtern really perfectly and useful. Its been written in an extremely simple way and it is only soon after i finished reading through this pdf by which really modified me, change the way i really believe. (Breanna Kerluke)

A JOURNEY OF TRANSFORMATION: EXPAND YOUR AWARENESS, CREATE A NEW VISION (PAPERBACK)



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Balboa Press Australia, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Life often places obstacles in our way, but through the ideas and guidance offered by author, Janette Holland, in A Journey of Transformation, you can learn not only to survive but thrive. Throughout this journey of transformation, you will be inspired step by step to move into a life of peace and fulfillment. You will learn how to: Monitor your thoughts and discard the beliefs and habits that no longer serve you; Take action to bring into reality what you envisage and how to sustain that action; Implement strategies to go within and to connect with your intuition and the voice of your higher self. A positive and uplifting guidebook about personal development, A Journey of Transformation offers practical advice and a set of exercises at the end of each chapter. Some use cognitive thinking and others connect you with your subconscious mind and inner wisdom, to guide you on the transformative journey to a life based on who you really are.

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