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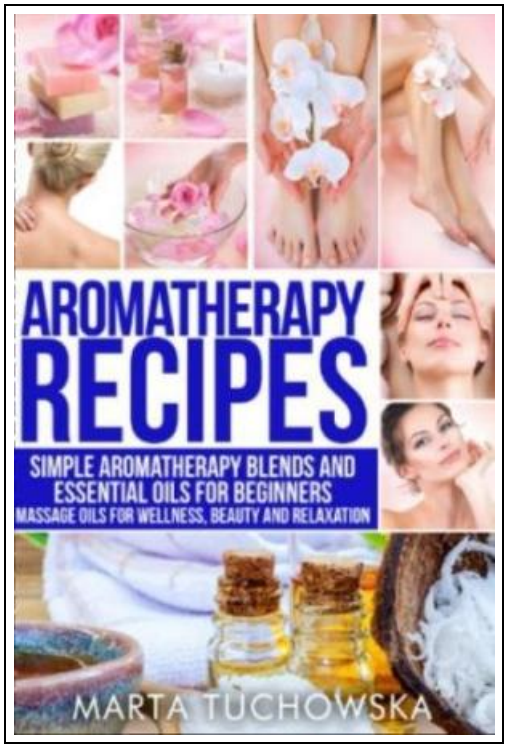

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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover an endless aromatherapy pleasure.and.Create your home spa with custom made massage oils. The rituals of aromatherapy and therapeutic essential oils are waiting for you. Join my Aromatherapy Spa Lovers Club and let aromatherapy blends work for your health, balance, beauty, wellbeing and relaxation! ***If everyone treated themselves to an aromatherapy treatment daily, the world would be a better, peaceful place. *** However, aromatherapy is not only about aromas or pleasant rituals for relaxation. The essential oils have been known and used for their therapeutic and healing properties for ages. As a massage therapist I specialize in aromatherapy massage. I just find it really fascinating that depending on a way you blend the oils you can customize the treatment and adapt to clients needs. Over the years I have developed a practical, intuitive approach that I would like to teach you. I have created this book to share some of my favorite aromatherapy recipe blends that you can get started on immediately so as to improve your quality of life and wellbeing. The multi functionality of the essential oils offer us the possibility to create a myriad of treatments quite inexpensively. Something that many luxurious spa would charge you a great amount of money and keep their secrets to themselves. Here s what my book is going to teach you: *The difference between the essential oils and the vegetable oils *General preview of different schools of aromatherapy: The British School of Aromatherapy vs The French School of Aromatherapy *What is Aromatology? How does it differ from Aromatherapy? *The basic precautions and contraindications *How to make sure that you use only pure, 100 organic essential oils...

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