



An Insider s Guide to Football

By Don Van Pelt

Rosen Classroom, United States, 2014. Paperback. Book Condition: New. 198 x 196 mm. Language: English . Brand New Book. Football is America s most popular sport, with the Super Bowl nearly a national holiday. This accessible guide will appeal to young fans of all knowledge and experience levels. First, it covers football s origins and the rules and equipment of its early era. Today s game is described in detail, including rules and objectives, the playing field and equipment, and game officials and their roles. Readers glean tips on fundamentals for the offensive and defensive lines, such as tackling, catching, and throwing the perfect spiral. Aspiring youth players learn how they can get involved in the sport and where to go for more information.



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