

# Out from the Heart: Building the Life of Your Dreams

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# OUT FROM THE HEART: BUILDING THE LIFE OF YOUR DREAMS



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Createspace, United States, 2010. Paperback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. AS THE HEART, SO IS THE LIFE. This simple truth leads us to happiness or sorrow, prosperity or lack. When we learn to govern the content of the heart, then the world around follows, it is an inescapable law. What ever the desire, the solution must come from within. In this book James Allen leads us through the steps and thoughts necessary to ensure that the destination we seek is the one we arrive at. Through the content of our thoughts the content of our life is created, nothing can be manifest in the outer world without the inner world being in alignment with it, whether consciously or subconsciously. Knowing the truth of this great law is not optional is you deeply desire to change the direction of your life, for without acceptance and exhortation of the truth, no progress can be made and the future is no longer in your control. Rejoice in the truth and lead yourself to the greatness you were born to enjoy. Chapters Foreword The Heart and The Life The Nature and Power of Mind Formation of Habit Doing and Knowing First Steps in The Higher Life Mental Conditions and Their Effects Exhortation A Note From The Publisher.

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