



## Own Your Day: How Sales Leaders Master Time Management, Minimize Distractions, and Create Their Ideal Lives (Paperback)

By Keith Rosen

Ember Publishing, 2016. Paperback. Condition: New. Keith Nerdin (illustrator). Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. People work under intense conditions unique to our role that traditional time management strategies fail to address. Consequently, many people believe it s impossible to develop an effective daily and weekly routine that brings more success, balance, meaning and fulfillment in their lives, when their time is consumed with phone calls, emails, meetings, challenges, competing priorities, building a company, developing a team, selling and serving customers; as well as personal responsibilities. Consequently, your personal life suffers, and personal priorities along with quality of life become secondary. However, the self-management strategies in Own Your Day, combined with a new way to think about time management, will have an immediate, positive impact on your daily productivity so that you can design your life the way you want and live with intention. You will also learn how to coach people to thrive and help them improve their daily productivity, performance, and personal accountability, while creating a balanced, fulfilling life! This book delivers a step-by-step self-management road map to hyper-accelerate your productivity, and enhance your level of happiness, peace of mind, fulfillment and daily...



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