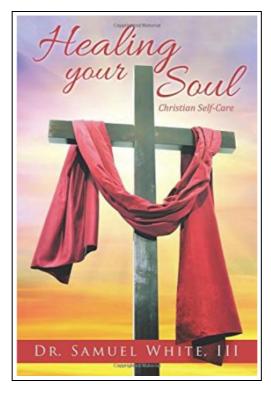
# Healing Your Soul: Christian Self-Care (Paperback)



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## Reviews

The ideal publication i at any time go through. It is actually fascinating through reading through time. I am pleased to inform you that this is actually the greatest book i have got read through during my individual existence and might be he best book for at any time. (Alexandre Cruickshank)

## HEALING YOUR SOUL: CHRISTIAN SELF-CARE (PAPERBACK)



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WestBow Press, United States, 2016. Paperback. Condition: New. Reprint. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Healing Your Soul starts with a systematic approach to understanding the soul and its ailments. Dr. White does an extraordinary job of defining -spiritual sickness, - the symptoms, treatment, and finally the doctor s orders, which is the Word of God as the ultimate prescription or medication for healing our souls. This book lays the foundation for discovering that spiritual healing for spirit, soul, and body is available and is a gift from God. -Gwen Graddy-Dansby MD, FACP Dr. White s genuineness is what makes Healing Your Soul so refreshing! His honesty concerning his own need for spiritual healing creates a sacred space for the reader to be open, honest, and self-reflective. It is an invitation to trust God and experience his power in new and fresh ways! -Dr. Michael Williams, Executive Minister of the American Baptist Churches of Michigan Healing Your Soul encourages us to develop and covet our own personal relationship with God in order to cope with latent, sometimes blatant, and uncomfortable sins. -Grenae Dudley White PhD, LP Healing Your Soul cuts to the core of sin, temptation, and the lack of self-care, which often plagues the fabric of most inner, ontological thinking. Dr. White shares his struggles and successes on how his meditation became his medication for the soul. This is an absolute must-read book. -Rev. Dr. Edwin H. Holmes, President of the Michigan Progressive Baptist Convention.



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