



## The Story of Ada: A Spiritual Journey Through Dreams: From Awareness to Self-Discovery

By Aldridge, Mavis

BalboaPress, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The Story of Ada was fueled by a yearning to understand more deeply who Ada really is beyond external appearances. From early adolescence to maturity, multiple dreams formed a hidden current of energy behind many of Ada's professional activities, dreams which kept whispering their messages of something more-even when, for lack of understanding-she ignored them while recording three volumes. Sparked by the comment of a friend, Ada, in her retirement years, went on a relentless inner quest during which she realized that her dreams were, all along, a subconscious spiritual lifeline, supporting her on her life's journey and revealing hidden aspects of herself which had inhibited her soul growth. Her arduous explorations culminated in an illuminating discovery of her personal elusive why of so many dreams. "A blueprint for others to understand dreams as expressions of loving grace." - Carolyn Tricomi, PhD "Applause and congratulations An amazing job of collecting dreams and tracking Ada's growth " - Connie Kaplan, PhD "An amazing document of deep, symbolic, and spiritual experience." - Lillian Baumann, PhD.



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