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## Almond Flour! Gluten Free Paleo Diet Cookbook: 47 Irresistible Cooking Baking Recipes for Wheat Free, Paleo and Celiac Diets (Paperback)

By Donatella Giordano

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Irresistible Recipes for Cooking and Baking with Almond Flour \*\*\*From the critically acclaimed, best-selling author of Coconut Flour! 47+ Irresistible Recipes for Baking with Coconut Flour: Perfect for Gluten Free, Celiac and Paleo Diets \*\*\* In addition to its numerous health benefits, almond flour is a delicious gluten-free alternative to conventional wheat-based flour. Whether you re: Looking to add some exotic flavor to your baking repertoire A diagnosed Celiac Following the Paleo diet (or another gluten-free diet) Just in love with the great taste of Almonds A seasoned gluten-free/low carb veteran Just starting out with a gluten or wheat-free diet This book is for you. Donatella Giordano shows you with everything you need to cook and bake tasty, varied, and guilt-free meals and treats that will impress even the most die-hard gluten/wheat addicts (we all know one!). She even shares the secret of you how to make your own almond flour for cheaper than you can buy it in stores! Not just another recipe book: Unlike other almond Flour and Gluten-Free Recipes which stop at simply providing a list of...



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