

Stop Dreaming Start Doing: A Practical Guide for Getting What You Want with Smart Goals



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Reviews

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(Eliane Bednar)

STOP DREAMING START DOING: A PRACTICAL GUIDE FOR GETTING WHAT YOU WANT WITH SMART GOALS



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Kahoka Press, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Some of us are born planners. Some of us are not. But, the truth is that some things require a plan. If you re going on vacation you don t just get in the car and drive. You have a destination picked out and a plan to get there. The plan might include what route you ll take, how many miles you ll drive each day, where you ll get gas, and where you ll stop and rest. Getting to your destination is your goal and how you ll get there is your Action Plan. Setting goals can help you accomplish whatever you set out to do. In this book you ll find step-by-step instructions on how to set SMART goals and create your personal Action Plan. You ll be in charge of setting your own goals. You ll be the one figuring out what you need to do and setting a time frame for doing it. But, there will be plenty of concrete examples to help you along the way. You can stop dreaming and start doing today.



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